

Kali Yoga and the Art House/Moondance have joined creative forces to offer this week of yoga and dance for children. For ages 3-5 and 6-9 (for other ages please inquire).

9:30am - 12:00pm Mon - Fri

A full morning of yoga and dance:
Class 1 9:30am to 10:45am
snack break 10:45am to 11:00am
Class 2 11:00 to 12:00pm

Caregivers are welcome to participate or to drop their children off, according to what works best for each child. Parent-viewing is only permitted on the last day.

Lynn has been dancing all her life and loves sharing her passion for dance. She has studied and performed around the world.

Nicola is a trained yoga therapist with a studio in Shawnigan. She loves teaching the joy of yoga to all ages.



Contact details:



Nicola Cusi / Kali Yoga
2721 Shawnigan Lake Road,
Shawnigan Lake Village
www.KaliYoga.ca
250 466 0006



MoonDance
Dynamic Arts School

Lynn Weaver / MoonDance
Art House: 1756 Wilmot Ave,
Shawnigan Lake Village
www.MoonDanceArts.ca
250 743 5846

Spring Break Yoga & Dance camp



The joy of Yoga and Dance
for children ages 3-5 and 6-9

MARCH 21-25, 2011

NEED TO KNOW

REGISTRATION Spring Break Camp

Cost:

Only \$125 for the full week
or
\$90 for 2 days of yoga and 1 mixed day
\$90 for 2 days of dance and 1 mixed day

Daily Itinerary:

Monday & Tuesday

3-5 yr olds @ MoonDance
Art House for Cultural Dance

6-9 yr olds @ Kali Yoga for Yoga

Wednesday & Thursday

3-5 yr olds @ Kali Yoga for Yoga

6-9 yr olds @ MoonDance Art House
for Cultural Dance

Friday

9:30am 3-5yr olds @ Art House
9:30am 6-9yr olds @ Kali Yoga

11:00am care-giver viewing & participation (optional; children will be fully supervised until 12pm if a parent/caregiver is unable to attend)
at the Art House

BOTH AGE GROUPS

NB: All Friday pick-ups at the Art House: 1756 Wilmot Ave

Please bring....

- * Healthy, garbage-free snacks for your child
- * Comfortable, moveable clothing (barefeet for yoga & dance)
- * Please notify us if your child has any allergies, injuries, or chronic conditions that may affect her/his participation.

Payment options:

Online or by phone: credit card
Kali Yoga: debit, credit, cash, cheque
Art House: credit, cash, cheque



STUDENT INFORMATION (please print)

First Name: _____ m / f

Last name: _____

Date of Birth: _____ Age: _____

Home Phone: _____

Family E-mail: _____

Parent/Guardian Contact Person: _____

Daytime Phone: _____

Pager/Cell: _____

EMERGENCY CONTACT

Name: _____

Relationship: _____

Day Phone: _____

Consent: I, the undersigned, certify that I am the parent and/or legal guardian of the above minor child and give permission for the above named student to participate in the Spring Break Camp with MoonDance Dynamic Arts School (MDDAS) and Kali Yoga. I understand that there are physical risks inherent in activities of this nature, that may arise from participation. I authorise any representative of MDDAS or Kali Yoga to obtain any medical treatment they may deem necessary for the student. I have read, understood, and agree to the payment and refund policies of MoonDance Dynamic Arts School (online at www.MoonDanceArts.ca)

Signature: _____