

# Acupressure/Reflexology Self-Help Workshop

Learn the secrets of using touch to  
ease common ailments.



**Tuesday May 31<sup>st</sup>, 7 – 8:30 pm**  
*MoonDance - Radiant Wellness Series*

MoonDance **ART HOUSE**  
1756 Wilmot Ave, Shawnigan Lake Village  
At the corner of Wilmot & Dundas

\$15-20 (sliding scale) **Book ahead: please call 250 743 5846**

**Certified Mill Bay Practitioner:**  
**Rosalind Adams**

[www.MoonDanceArts.ca](http://www.MoonDanceArts.ca)

**No perfume, please**