Radiant Wellness Series

Spring Cleanse

Saturday April 9th 4:00 - 6:00pm Robin Massey Lynn Weaver

Laughter Yoga

Saturday April 16th
2:00 - 3:00pm
Liz Fraser
By donation

Crystal Bowl Concert

Saturday April 16th
Doors at 7pm
Nancy Watters
\$15

Chakra Yoga + Aromatherapy

Friday May 6th 7:00 - 8:30pm Sadie Bartram & Lynn Weaver \$20

> Mother's Day Special mother + daughter = 50% off!

Hoop Dance!

Saturday May 28th 2:00 - 3:30pm Liz Fraser \$20

Self-Acupressure

Tuesday May 31st
7:00 - 8:30pm
Rosalind Adams
\$15 - 20 sliding-scale

Sacred Space

1st Thursday of each month 7:30pm by donation

April 7th - Sadie Bartram
chant circle
May 5th - tba
June 9th - tba

Healthy Home Workshop

Saturday June 11 1:00pm - 2:30pm Rosalind Adams \$10

Natural Cleaning Products

Saturday June 11th
2:30pm - 4:00pm

Lynn Weaver

\$20 includes recipes and a take-home product

Both workshops:
Take both and get
50% off Healthy Home:
only \$25 for two workshops!

Art House

MoonDance **ART HOUSE**1756 Wilmot Ave, Shawnigan Lake Village corner of Wilmot & Dundas

moondancearts@yahoo.ca

www.MoonDanceArts.ca

Nature Facial

Saturday July 16th 9:30 - 10:45am

Lynn Weaver \$25 includes materials

"The place to move.
The place to be moved."

250 743 5846