

# AcroYoga



**with Nicola & Pan  
at the Art House**

**Saturday May 7, 2 - 4 pm**

Introduction workshop to AcroYoga,  
a blend of Yoga and Acrobatic  
No previous experience required!

pre-registration required  
**[www.moondancearts.ca](http://www.moondancearts.ca)  
250 743 5846**